

## Publicity

We need to attract new members if we are to continue to be a vibrant, progressive group. If you have any ideas about how we can do this, or can suggest any venues or events at which we could promote our u3a, please speak to any member of the Committee.

## Craft Group

The new Craft Group is up and running on the third Wednesday of each month from 10am-12 noon in the Hameldon room at Padiham Unitarian Church. There will be a variety of crafts on offer, and members' suggestions will also be most welcome. No previous experience is necessary. Come and release your hidden creative talent! Contact Julie Sharpley /Elizabeth Platt, or simply come along and join us.

## Burnley Health Mela

On 11th May Maria and Margaret attended the Mela at Victoria Mill with a stand to publicise our group. We were surrounded by health professionals and local dignitaries including the Mayor and Mayoress and our local MP. Fortunately they were all friendly and very interested in our organisation, which very few had heard of. There was general consensus that we provide a very useful service by involving people in activities and providing social situations which are definitely beneficial to members' health and wellbeing.

Unfortunately there were not many members of the public present and we discussed with the organisers that the venue was not readily accessible by public transport and the event had not been publicised locally. They agreed and are looking at an alternative venue for next year. We did, however, feel that we made some useful contacts with other local organisations who are keen to work with us.

## FORTHCOMING MEETINGS

May 23	Mike Sutcliffe "The Battle of the Atlantic"
June 27	Martin Lunn MBE,FRAS "A very British Meteorite"
July 25	Mebs Ahmed "PC Mebs Finding Myself"

Monthly Open Meetings are held at the Nazareth Unitarian Chapel, Padiham, BB12 8JH at 2:30 pm on the 4th Thursday in the month (except December) Visitors welcome at a charge of £2

## Burnley and District

### Chair

Maria Chattle

### Vice Chair

Barry Greenwood

bazpix@aol.com

### Secretary

Margaret Bushby

### Treasurer

Alan Nicholls

treasurerblyu3a

@gmail.com

### Membership Secretary

Peter Hartley

burnley.district.u3a

@outlook.com

### Groups Co-ordinator

Elizabeth Platt

bizzielizzie57@hotmail

.com

### Speaker Secretary

Jim Wallace

jimmor@talktalk.net

### Minutes Secretary

Freda Whittle

### Reception

Sandra Clarkson

### Newsletter Editor

Alan Nicholls

burnleyu3anewsletter

@gmail.com

### Website Administrator

David Hunt

dave@carrybridge.co.

### Group Tea Rota

May

Photography and German

June

Handbell ringing and

Singing for Pleasure

# Newsletter

**u3a**  
learn, laugh, live

May 2024 Issue 186



## NOTES FROM THE CHAIR

Hi everyone, first let me introduce myself. I'm Maria Chattle, your new chairwoman for the next 2 years.

As you will see from Margaret's script on the back of this newsletter, we both spent a beautiful, sunny Saturday inside Victoria Mill promoting our u3a. It was actually a very interesting event, with many health care professionals in attendance. What I found encouraging was that all the speakers were of the same mind and are keen for health groups to work hand-in-hand with voluntary groups. One doctor called it "joining the dots". He was of the opinion that departments like A&E would not be as busy if people were helped before they became ill.

Several groups, such as the dementia group, integrated therapy etc, seemed keen to form links with u3a. All the people we spoke to thought that what we do is brilliant and could be of great help to many. Hopefully we may get some good follow-up.

Whilst there, we saw that we could get a fruit smoothie, but no, it wasn't that straight forward. You had to make your own. The blender was operated by peddle power. I volunteered to make just one to share! Sounds mean! No, it may seem a simply thing to do, but I can't ride a bike and was wearing a dress and heels!! But, I gallantly stepped forward, out of my comfort zone, and (eventually) managed to get on the bike and make a smoothie. It was slightly lumpy, but very tasty.

So, the moral of that little story is, perhaps we should all step out of our comfort zone every now and again.

**June NEWSLETTER DEADLINE IS**  
**Wednesday 19th June 2024 12:00 noon**  
e-mail : [burnleyu3anewsletter@gmail.com](mailto:burnleyu3anewsletter@gmail.com)

**The Book Group:** We will meet on **Monday 17th June** in the Hameldon Room, Padiham Unitarian Church from 10-12 noon when our book for discussion will be Friday Nights by Joanna Trollope. Our choice for July is The Wood by John Lewis Sempel. New members welcome.

Marilyn Jones  
Sonia Rawlinson

**Exercise for Wellbeing Group: 1st and 3rd Tuesday** of the month at 10:30am in the Unitarian Chapel. Everybody welcome. For further information contact Sonia or Maureen.

Sonia Rawlinson  
Maureen Brown

**The Coffee Group:** The next meeting of the coffee group will be **June 12th 11am** at the bistro Prairie sports barn Windermere Ave Burnley

Freda Whittle

**English Folk Dancing:** We will meet in Higham Village Hall at **2.00p.m. on Thursdays 6th and 20th June.** Everyone welcome.

Eric Bushby

**The French Conversation Group:** meets on the **first and third Thursdays** of the month at Molly Rigbys, 17/19 Mill Street, Padiham, from 1.45 pm. Intermediate level of French is needed. Please contact Rhoda Gouldsbrough.

Rhoda  
Gouldsbrough

**German Pre-intermediate Group:** will meet at the reference room at Burnley Library 1-3pm **Please note changes to dates for June - June 11th and 18th.** New members always welcome but please text or ring me and leave a message before coming, in case we have had to unexpectedly change the date.

Laura Carter

**Handbell Ringing Group:** will meet at St. Leonard's Church, Padiham on the **1st and 3rd Wednesdays** of each month from 2.00pm until 3.30pm. For any further information, please contact Valerie Widdas

Valerie Widdas

**History Including Local History: 6th June 2024 10.30 to 12.30** in the Hambleton Room Unitarian Church Padiham. Denise North " Violet's Story" a collection of picture postcards between 1903 and 1937 which tells Violet's story during this period. Further details ring Enid

Enid Thorp

**Indoor Bowls:** meets every **1st and 3rd Thursday** of each month at the Methodist Church, Padiham Rd, Burnley. 10:00 am to 12 noon. £3 session. Currently fully subscribed. Please ring re waiting list.

Pat Ferguson

**Italian Group:** meets every **2nd and 4th Wednesday** of the month. New members are welcome, but some previous knowledge of the language would be useful.

Jean Atherton

**Knitting and Crochet Group:** Next meetings are on **Mondays 10th and 24th June.** For the first meeting, bring your own project to work on. At the second meeting we shall experiment with mosaic knitting to make pretty patterns for which you will need two colours of DK yarn and a pair of 4mm needles. Meet at the Hameldon Room of the Unity Centre at the Padiham Unitarian Church.

Melinda Jackson

**Painting for Pleasure:** Meets at 10:00 am on the **1st and 3rd Monday** of each month at Padiham Rd Methodist Church, Ightenhill, Burnley. Currently fully subscribed. Please ring re waiting list.

Pat Ferguson

**Ukulele Group:** meets on the **1st and 3rd Friday** on each month 10:00am at Padiham rd Methodist Church, Ightenhill, Burnley.

Terry Ferguson

**Philosophy Group:** The next meeting will be **Tuesday 11th June** when will look at Muslim Philosophers.

Jim Wallace

**Photography Group:** 2:00pm start on the second Friday each month in the Hameldon room at the Unity Centre  
**Friday 14th June:** Weather

Peter Hartley  
Stuart Chattle

**Quiz Group:** Will meet on the **3rd Monday** of each month from 2-4pm at Padiham Road Methodist Church.

Ann Bullas

**Scrabble Group:** Scrabble group meets on the **1st and 3rd Wednesday** of each month, **1.30 - 3.30 pm**, at Pike Hill Library, Burnley. New members are always welcome, whether beginners or more experienced players. For further information contact Christine Potter

Christine Potter

**Singing Group:** meets on the **1st Monday** of each month **11:00-12:30** in the Hameldon room, Unitarian Church.

Ann Bullas  
Pamela Hopcroft

**Spanish Beginners Group:** There will only be one meeting of the Beginner's Spanish Group on **Monday June 10th** at Padiham Road Methodist Church between **2 pm and 4pm.** Newcomers welcome.

Jean Atherton

**Intermediate Spanish Group:** will meet on the **2nd and 4th Friday** of each month from **10.00am until midday.** For any further information, please contact Gil Beeke.

Gil Beeke

**Outings Group:**  
**Wednesday 19 June:** Join us for a mid-summer visit to RHS Garden Bridgewater with its widely acclaimed "gardens within a garden", lakeside and woodland walks! £33 (RHS Members with their cards £20) includes travel by 49 seater coach, admission and a guided tour.

Howard & Nancy  
Mitchell

(Please note the later than usual times to coincide with our timed entry.  
**Wednesday 21 August:** Enjoy the "Cheese Experience" at Wensleydale Creamery followed by a visit to Hawes. Full details later.

Anne Green

**Walking Group:** 10:30am start on the first (longer walk) and third (shorter walk) Friday each month.

Christine Storey  
Peter Hartley

**Friday 7th June: Gawthorpe/ Padiham Greenway** Start from junction Ightenhill Park Ln/Helvellyn Dr BB12 0LP: 7 miles, possible 4 mile shortcut Leaders Eric & Margaret Bushby

**Friday 21st June: Rowley Lake/Thompson's/Queen's Parks** Start from Thornton (Arms), Brownside Rd BB10 3JS: +/- 4 miles Leaders Jean Atherton & Joyce Pinnington

**Craft Group** will meet on the **3rd Wednesday** of the month from **10am -12 noon** in the Hameldon room at Padiham Unitarian Church. For further information, please contact either Julie or Elizabeth.

Julie Sharpley  
sharpsj9@outlook.com  
Elizabeth Platt